# Major Market Outlook 

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## Overview:

With the major markets experiencing a sharp sell off this past week, I felt it would be prudent to describe where I see major support and resistance for the markets. And what actions to look for if there is a shift in the markets from a bull market to a bear market. That is the $\underline{K E Y}$ issue to address at the moment.

Just as a bit of background, I have been asked many times if this bull market is different. My answer has always been that we do not have a market segment that is completely overvalued. The prime examples in the recent past, are the dot com bubble that brought about the bear market in 2000. And the real estate bubble that began the bear market in 2007.

That line of thinking maybe changing at the moment with the slow down in China and the impact it is having worldwide.
The point is or was, is that the catalyst for a shift to a bear market did not seem to be there.
During this bull run, you could make a case that the biotech sector is in a bubble. The Biotech iShares (IBB) traded at $\$ 56.39$ back in 2008 and peaked at $\$ 400.79$ last week. That is a move of over $600 \%$.

The BIB, which is a leveraged biotech fund, stood at $\$ 4.24$ back in 2011 and hit $\$ 106.10$ last week. That is a move of over 24 times in four years.

Having said that, by historical standards, both in price and time, the markets are overextended and this has been a concern for me.

The last two Bull Markets were as follows:
$\underline{2000}$ Top: Broke out around 450 and topped at 1,562.50. Range of $1,112.50$ or $247 \%$ Return.
It lasted for about $51 / 2$ years
2007 Top: Started at 768.63 and topped out at $1,576.09$. Range of 807.46 or $105 \%$ Return
It lasted for about 5 years.
The average of the last two bull markets are ...
960 points and about 5.25 years in time
The current bull market started on March 9, 2009 with the S \& P 500 at 666.79.
Based on the average of the last two bull markets, this bull market would top out at 1,626.
Timewise, this bull market has lasted for seven years, which exceeds that last two bull runs by over two years.
If you consider the top at $2,134.72$ made on May 20, 2015, to be a major top, then this bull market has moved 1,467.93 points or $220 \%$. This return is less than the 2000 bull market, but greater than the 2007 bull run.

The next page shows the historical moves from 2000 and 2007.
\$SPX S8P 500 Large Cap Index INDX


Now let's take a look at a 20 year chart of the S \& P 500 with the extreme Bollinger Bands drawn on them.
As you will see, the S \& P 500 is right up against the Upper Band and has sold off them. The setting I use should contain $99.9 \%$ of the price action.

Notice that in 2000, that when the price closed back inside the bands it began the bear market.
I also include the monthly charts for the DOW \& the NASD Composite so you can see their relationship to the upper Bollinger Bands.
\$SPX S8P 500 Large Cap Index INDX
25-Aug-2015 2:32pm
MRSI(9) 43.12

Open 2104.49 High 2112.66 Low 1867.01 Last 1923.54 Volume 38.6日 Chg-180.30 (-8.57\%) -

## 150 B 100 B



Open 17696.74 High 17704.76 Low 15370.33 Last 16118.18 Volume 6.8日 Chg-1571.68 (-8.88\%)


## $\$$ \$INDU (Monthly) 16118.18

- BB( $253,2.576$ ) 2296.22-10550.45-18804.68
- EMA.(50) 15380.70

\$COMPQ Nasdac Composite INDX
25-Aug-2015 $2: 37 \mathrm{pm}$
ARSI(9) 48.77

Open 5134.34 High 5175.26 Low 4292.14 Last 4623.91 Volume 33.4日 Chg - $504.38(-9.84 \%)$ -


In addition to price relative to its' extreme Upper or Lower Band, another way I use the extreme Bollinger Bands is to determine the trend direction.

The setting I suggest, which is a 253 day setting with a 2.576 standard deviation means that $99.9 \%$ of the price action should be contained within the bands.

The corollary to this is that when price breaks through either the Upper or Lower band there is an unusual event.
Also, when using these settings it is plotted as a simple moving average, therefore, the midband is a 253 day simple moving average.

I combine this with a 200 day exponential moving average (ema) and compare the 200 day ema to the midband, or the simple 253 day average.

When the 200 ema is above the midband, the trend is bullish. When the 200 ema is below the 253 day average, it is bearish

By way of demonstration, I want to show the daily chart for the XLE. I will also show a chart with edits on it.
XLE Energy Select Sector SPDR NYSE
$21-A u g-2015$
(9) 22.22

Now let's look at a daily chart of the S \& P 500 from August 25, 2015


The final chart to take a look at is a weekly chart of the S \& P 500 with the resistance levels.


## \$ $\$$ SPX (Weekly) 1867.62

- $\mathrm{BB}(253,2.576) 811.24-1614.91-2418.58$

2,132.82

- EMA(200) 1766.19
$-\mathrm{BB}(20,2.0) 1964.35-2082.45-2200.552,000$




Sep Oot Now Dec 2014 Feb Mar Apr May Jun Jul Aug Sep. Oot Now Dec 2015 Feb Mar Apr May Jun Jul Aug



As you can see, there are a few technical set ups at the moment that are quite concerning. The first is that the daily chart is VERY close to having a bearish cross. The second is that price is selling off against the upper extreme Bollinger Band on the monthly charts.

If this market shifts to a bear market, the support levels provided by the monthly charts consist of the following:

| 50 exponential moving average | 1,742 |
| :--- | :--- |
| 200 exponential moving average | 1,299 |
| Midband | 1,201 |

The bear market that ended in 2002 stopped at the 200 ema and the bear market that ended in 2009 terminated just under the midband. As you can see from above, there is only a 100 point difference between those levels. (The average is about 1,250 , which is a major resistance level and a level I would feel would be strong support.)

Should the markets shift to a bear market, profits will be made on the short side. Consideration should be given to hedging any long positions.

Thank you.

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